

Mission, Vision, Values

MARRIAGE IN MOTION ▶ Module 4: An Epic Future

4.3

MODULE 4, LESSON 3

SUMMARY

In this lesson, we are asking you to be intentional about the future of your marriage. We are asking you to chart your course from here forward. What will guide your choices? What will guide your relationship? As a couple, being intentional to create and name a core set of values, ideals and goals will help steer you toward the relationship you desire and deserve.

As you've heard us say many times, in order to move forward, you need to have a vision of where you are going. Now that MARRIAGE in MOTION course is almost finished — it's time to name that vision.

In the exercises that follow, you'll imagine what your dream relationship would look like in 10 years. Then, you will outline three priorities that you can work on in the next 90 days to begin moving you toward achieving that dream relationship.

Keep these priorities and actionable steps in a place where you can reference them over the next 90 days. In fact, you have a better chance of accomplishing these goals if you write them on a note card and put it in your wallet. And an even greater chance if you pull that card out and scan it each day.

Whatever you do, keep moving forward.

If you aim at nothing you'll hit it every time.

ACTIVITIES

1 YOUR FUTURE

Journal

Imagine that it is 10 years from now. Describe the relationship that you envision having with your partner 10 years from now. What is your connection like? What do you do for fun? What is your social life like? How do you manage conflict? What dreams are you chasing? How's the sex?

Three Priorities and Actionable Steps

Now that you have your dream relationship in mind, focus on the next 90 days. Whatever you want for your relationship 90 days from now — NAME IT, and then start taking small steps in that direction NOW.

List three priorities that will move you toward achieving your dream relationship. For each priority, write three actionable steps you will take to move you toward achieving those accomplishments.

EXAMPLE PRIORITY:

Have more meaningful connections.

Actionable Steps:

- a. Hire a babysitter and schedule weekly date nights
- b. Create a daily morning ritual — like a 6 second kiss
- c. Share at least one thing every day you appreciate about them, or something they've done for others

If you dream of traveling to Paris, do some research about the city, create a budget, discuss points of interest over dinner at a French restaurant. You get the idea.

THREE KEY PRIORITIES + ACTIONABLE STEPS:

1. _____

a.

b.

c.

2. _____

a.

b.

c.

3. _____

a.

b.

c.

Keep this sheet of paper in a place where you can reference your priorities and your actionable steps over the next 90 days.

2 MISSION, VISION, and VALUES



Now you have a sense of what you want the future to look like with your spouse. Whether you know it or not, this future is a **possibility**, it has **purpose**, and it **stands** for something important to you.

As a couple, create a family MISSION, VISION, and VALUES statement.

- A **"missionary"** is someone who carries out the core purpose.
- A **"visionary"** is someone who sees what is possible.
- And **"values"** are what you stand for.

OUR MISSION STATEMENT (Why we exist — our purpose)

OUR VISION STATEMENT (Where we are headed)

OUR VALUES (What we stand for)



TAKEAWAY

What was your #1 takeaway from this lesson? Describe any breakthrough(s):